



# IMMAF

INTERNATIONAL MIXED MARTIAL ARTS FEDERATION

## **ANTI-DOPING National Federation responsibilities under the 2021 WADA Code**

### **Get fit for Anti-Doping!**





**INTERNATIONAL ANTI-DOPING PROGRAMME**

*SINCE 2015....*

*...Update required from 2021*

**IMMAF ANTI-DOPING POLICY & RULES 2015  
TESTING IN-COMPETITION**

**(WORLD & REGIONAL CHAMPIONSHIPS)**

**TUE SYSTEM IN OPERATION**

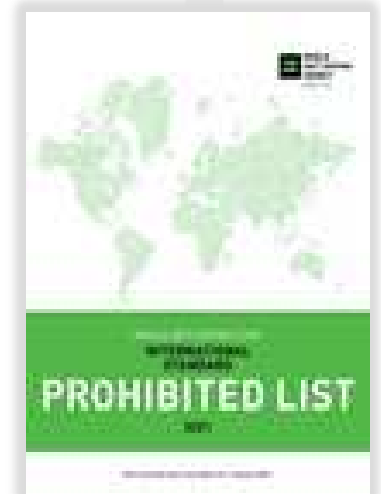
**DISCIPLINARY PANEL IN PLACE**

**SANCTIONS APPLIED FOR VIOLATIONS**

**EDUCATION & AWARENESS**



# 2021 World Anti-Doping Code and International Standards



**2021 Code has 8 (mandatory) International Standards:  
Prohibited List is reviewed annually**

## Fair fight for a CLEAN SPORT – what we need to do!

IMMAF Statutes  
and Policies

National  
Federation

National  
Federation

National  
Federation

**Achieving compliance with World Anti-Doping Code 2021**





**IMMAF –  
responsible for Anti-Doping at the  
international level and for ensuring  
National Federations are in compliance  
with the Code and International Standards**



**National Federations –  
must adopt anti-doping regulations covering  
their members (athletes, support personnel  
and officials) which are consistent with  
IMMAF's anti-doping rules and policies and  
with national anti-doping rules/laws**

# Anti-Doping Rules

**create jurisdiction over members  
and consent to abide by Anti-Doping Rules**



- **Recognise authority of the National Anti-Doping Organisation in your country**



- **Assist the NADO to implement anti-doping for MMA**



- **Clarify national infrastructure for anti-doping**





# Anti-Doping Education & Information

**Educate and inform first,  
plan and document...**

**CONTENT: *not all at once, review & repeat!***  
**Introduction to anti-doping rules, obligations,  
rights and responsibilities, consequences**

**Prohibited List, annual update**

**How & where to check medications**

**How to apply for a Therapeutic Use Exemption**

**Reasons for safeguarding the integrity of MMA**

**Safe Nutrition, safe weight management**

**Testing procedures**

**Disciplinary Process & Sanctions**

**Values, rights & ethics**



## Members education - action points



- **Promote access to national education resources, including drug information databases, qualified dietary/nutrition advice**



- **Require completion of WADA ADEL modules as condition of eligibility to participate for athletes, coaches and officials**



- **Link to up to date anti-doping websites**
- **Include whistleblowing, safeguarding**





Welcome to ADEL!



Not just for athletes!



**100%**  
OF ADEL FOR MEDICAL PROFESSIONALS  
USERS WOULD RECOMMEND  
THIS COURSE TO ANOTHER  
**MEDICAL  
PROFESSIONAL**

Education Programs for...

- High performance coaches
- Parents of elite athletes
- Medical professionals
- Medical professionals at Major games
- Teachers of children

Education Programs in development

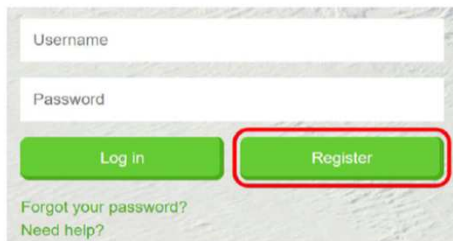
- Coaches of emerging athletes
- Parents of talented athletes



## 1. Creating your account

### 1.1 How to register

- (1) Go to the ADEL website: <https://adel.wada-ama.org/en>
- (2) Click on the 'Register' to create your account:



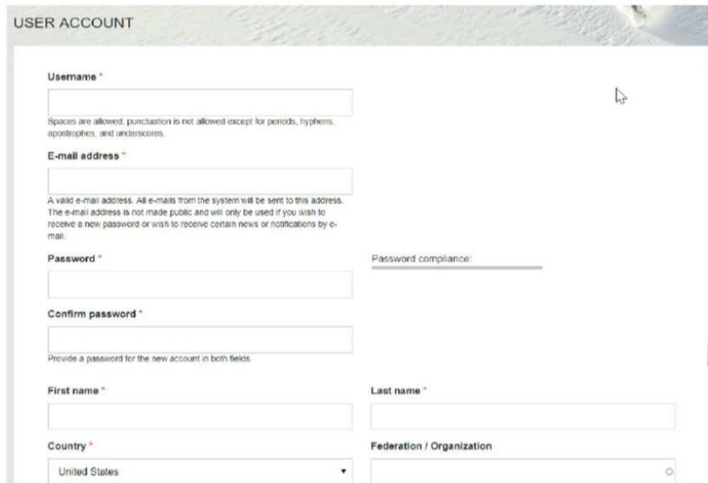
Username

Password

Log in Register

Forgot your password?  
Need help?

- (3) Complete the 'USER ACCOUNT' form. Fill in the required areas marked by (\*)



**USER ACCOUNT**

Username \*

Spaces are allowed, punctuation is not allowed except for periods, hyphens, apostrophes, and underscores.

E-mail address \*

A valid e-mail address. All e-mails from the system will be sent to this address. The e-mail address is not made public and will only be used if you wish to receive a new password or wish to receive certain news or notifications by e-mail.

Password \*

Provide a password for the new account in both fields.

Confirm password \*

Provide a password for the new account in both fields.

First name \*

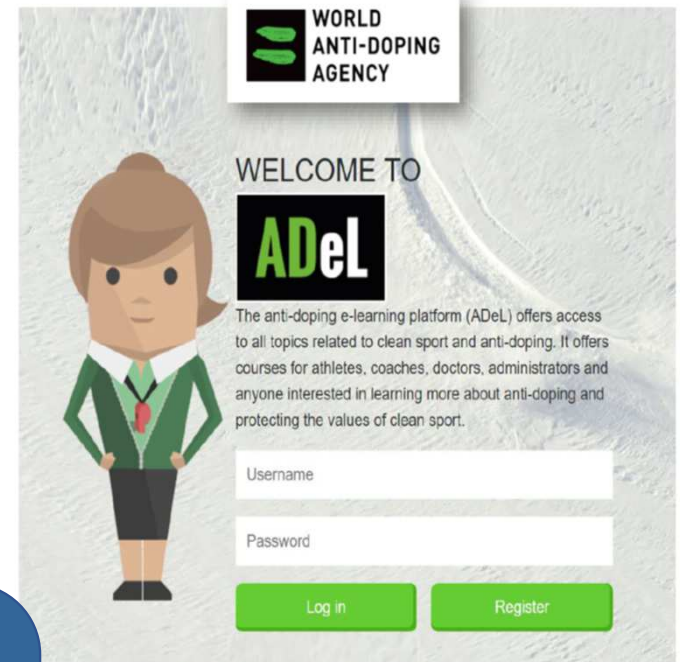
Last name \*

Country \*

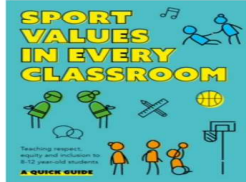
Federation / Organization

United States

Insert IMMAF Sport = MMA



## What's on ADEL?



Education Programs for....

- International-level athletes
- National-level athletes
- RTP athletes
- Talented-level athletes (April)



< Back
Welcome to ADEL Dashboard

📁 CATEGORIES
⌵ FILTERS
Search...

NEWEST TO OLDEST ▾

**Athlete's Education / Éducation pour les sportifs / Programas para deportistas**

Contains all education programs for athletes of all levels / Contient tous les programmes d'éducation pour les sportifs de tout niveau / Contiene todos los programas educativos para lo...

1/3
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Athlete's Guide to the 2021 Code (English)

ENROLLED

EN ★ 5.0

E-Learning

Guía del deportista sobre los cambios significativos del Código 2021 (Español)

ES ★ 5.0

E-Learning

Guide du sportif : changements majeurs dans le Code 2021 (français)

FR ★ 5.0

E-Learning

アスリートガイド 2021年版 世界アンチ・ドーピング規程 (2021Code)における重要な...

EN ★ 5.0

E-Learning

Priručnik za športnike o pomembnih spremembah Kodeksa 2021 Athlete...

EN ★ 5.0

E-Learning

At-a-Glance: Athlete Whereabouts

EN ★ 5.0

E-Learning

**Athlete Support Personnel's Education / Éducation pour le personnel d'encadrement / Programas para deportistas**

Contains education programs targeting Athlete Support Personnel (ASP), including coaches, medical professionals, parents / Contient des programmes de formation ciblant le personee...

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High Performance Coaches' Education Program (English)

2 courses

Education Program

ADEL pour les entraîneurs de haute performance (français)

2 courses

Education Program

Parents of Elite Athletes Education Program (English)

2 courses

Education Program

ADEL pour les parents des sportifs d'élite (français)

2 courses

Education Program

Medical Professional's Education Program (English)

2 courses

Education Program

Programme d'éducation pour les professionnels de la santé (français)

2 courses

Education Program

# Anti-Doping Policy Reinforcement



**Partner with your NADO to understand their intention for national anti-doping inc testing and access to national education and awareness programmes**

- **Contribute to planning through data collection to assist risk assessment of MMA**



**National policies includes certain relevant variables:**

- **Definition of recreational athlete, scope of National Level Athlete [IMMAF determines International Level Athlete]**



- **Testing Agency responsibilities, Doping Control Officer and laboratory accreditation**



- **TUE system at National level**



- **Results Management process, use of independent disciplinary tribunal, costs/fines**



- **Manage data privacy in accordance with national law**





**IMMAF**  
INTERNATIONAL MIXED MARTIAL ARTS FEDERATION

# Anti-Doping Policy Enforcement

**impacts all members - action points**



- **Plan for testing at training venues and events, invite national educators**



- **Promote national whistleblowing line**



- **Pursue potential ADRV and report to IMMAF and NADO**



# National Anti-Doping Policy and Rules – action points for 2021



**All NFs must have anti-doping rules in place. NFs shall sign an agreement to abide by WADA Code/IMMAF rules as a requirement of membership from January 2021**

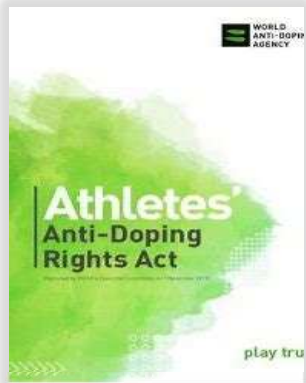


**All NFs shall designate an Anti-Doping Officer to lead the national Anti-Doping Plan**



**All NFs to identify and access education resources available nationally and through WADA to encourage participation. Modules to become compulsory prior to participation in World and Regional Championships, coaching awards, officiating**

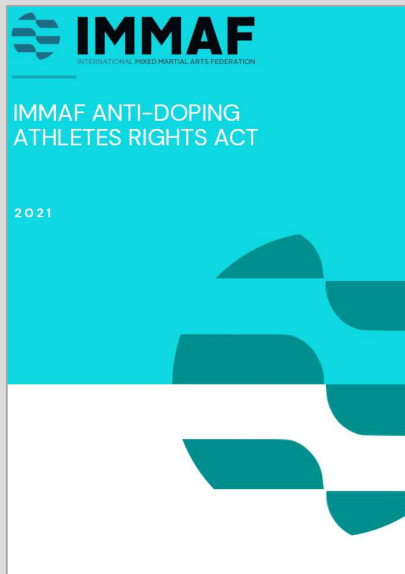
# Athletes' Anti-Doping Rights Act



**Athletes' rights are our priority**

**Right to receive education**

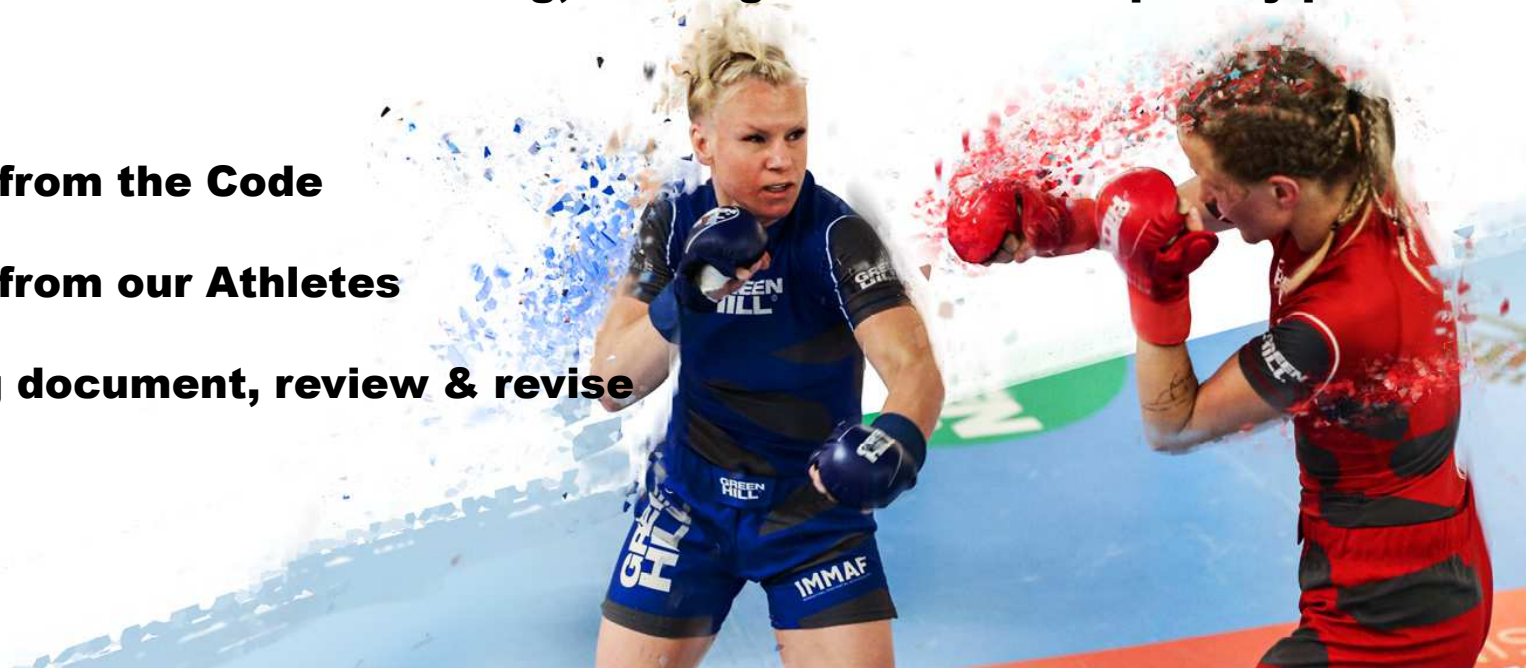
**Right to fair treatment in testing, investigations and disciplinary process**



**Part 1 – from the Code**

**Part 2 – from our Athletes**

 **living document, review & revise**







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NOW AFFILIATED WITH WMMAA