

Consequences of Doping



SANCTIONS

The following sanctions may be applied for an Anti-Doping Rule Violation (ADRV)

1. **Disqualification**
2. **Ineligibility to participate**

FURTHER CONSEQUENCES

- Not being able to compete or train in any national governing body competition or training facility.
- Being ineligible to receive sports-related funding.
- Potentially being unable to hold an official role within the sport or competing in other sports.
- Fines.
- Removal of medals, titles and records.
- Public announcement of the violation.

Not only will athletes face a ban from their sport for a period of time, but a doping violation could also have negative wider consequences on many aspects of their life.

Psychological- Guilt, shame and long-term mental health problems are very common amongst athletes receiving a ban. Being seen as a drugs cheat and the doping violation that you have committed will destroy your sporting integrity and reputation as a positive role model.

Financial- Sponsors will likely withdraw from any existing sponsorship deals with athletes associated with anti-doping rule violations regardless of the substance used or the circumstances.

Physical/ Health- An athlete's health may suffer as a result of any use of banned substances. Limited training will affect their fitness and performance capabilities.

Social- Widespread negative media attention and possible online social media "trolling" caused as a result of testing positive to banned substances will be very difficult for athletes to handle along with the negativity and reputational damage generated and felt amongst other athletes.

S P E C I F I E D S U B S T A N C E S

While an ADRV typically carries a standard sanction for four years of ineligibility for a first-time violation and a loss of results, an athlete may receive a reduced sanction for an ADRV relating to a “specified substance”.

Specified Substances While an ADRV typically carries a standard sanction for four years of ineligibility for a first-time violation and a loss of results, an athlete may receive a reduced sanction for an ADRV relating to a “specified substance”.

On the WADA Prohibited List all substances are considered “specified substances” except for:

- Non-Approved Substances
- Anabolic Agents
- Peptide Hormones, Growth Factors, Related Substances, and Mimetics
- Certain Hormone and Metabolic Modulators such as agents altering myostatin functions and insulin
- Non-specified stimulants

And the following Prohibited Methods:

- Manipulation of Blood and Blood Components
- Chemical and Physical Manipulation
- Gene and Cell Doping