

## **IMMAF Amateur MMA Weigh in procedure**

### **Weigh-In**

For World and Continental Championships, separate rooms for men and women must be available for the unofficial and official weigh-in.

### **Responsibility**

Control of the weigh-in shall be the responsibility of the Sports Director of the IMMAF.

### **Weigh-in place**

The weight control can take place in one or more locations simultaneously: in the competition venue or / and in the official hotels allocated by organizers for participating delegations. Organizers provide sufficient number of calibrated electronic scales (of an accuracy of tenth of pound) and those will be checked by the IMMAF Sports Director or appointed commissioners each day before start of the official weight control.

### **Weigh-in times**

Competitors shall be allowed to check their weight on the official weigh-in scales (that will be used for the official weigh-in) any time during the 24 hours before the official weigh-in commences.

There is no limit to the number of times each athlete may check his or her weight during this time of the unofficial weigh in. The organizing National Federation shall make sure a dedicated room is available at all times 24 hours before the official weigh in commences compete with test scales.

### **Official Weigh-in Procedure**

All coaches and other team officials must leave the weigh-in room before the start of the official weigh-in.

- a) Each competitor shall bring to the weigh-in their IMMAF accreditation card issued for the Championships and their passport or an official identification document with photo. The competitor shall present both documents to the official, who will verify identity of the competitor.
- b) The competitor shall weigh-in wearing only underclothing, under the supervision of a weigh-in official; the competitor may be requested to remove his or her underclothing to ensure he/she does not exceed maximum allowable weight limit of the weight category in which he or she is entered.
- c) The official supervising the weigh-in shall note and record the athlete's weight in pounds (lbs) (accurate to one decimal point of a pound ). No tolerance shall be allowed either above or below the weight category (unless this is overridden by the local athletic commissions or sanctioning body).
- d) Only one weight control shall be permitted to each athlete upon the scales during the official weigh-in period.

### **Failure to appear for the Weigh-in Control**

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Should a competitor fail to appear for weigh-in during the official weigh-in period, this shall be noted beside his or her name on the official weigh-in list. The notation shall be signed by a weigh-in official and a member of the Sports Commission. The competitor will be excluded from competing.

### **Failure to weigh within the prescribed limits of a category**

Should a competitor weigh either above or below the prescribed limits for the category in which he or she is entered; the exact weight shall be recorded in the normal manner. The weight shall be circled and signed by a weigh-in official, and a member of the Sports Commission and by the athlete themselves or a member of his delegation. The athlete shall be excluded from competing in that weight category. If the competitor is weighing in at a lower or higher weight than the category entered for and there is a vacancy in that countries team for the alternative weight division, then the competitor can be re-entered in this weight division.

### **Failure to comply with official directions or with requirements of the SOR**

If at any stage during the weigh-in period, a competitor, coach, or National Delegate fails to comply with the directions of any weigh-in official or a member of the Sports Commission, or fails to comply with the requirements of the SOR, the competitor, coach, or National Delegate shall be prevented from participating in the weigh-in and the nature of the infraction brought immediately to the attention of the Sports Director of the IMMAF.

### **Protection of privacy**

To protect the privacy of the competitors, officials supervising the weigh-in shall be of the same sex as the competitors.

The Organizers of the Championships shall make available a minimum of 2 officials per each official scale on each day of the weigh-in to assist members of the Sports Commission.

Where no such official is available, scrutinizers who are the same sex, as the competitors shall be appointed, subject to the approval of the Sports Director of the IMMAF.

The Organizers shall also make available to the members of the Sport Commission conducting the weigh-in, two copies of the weigh-in list for each weight category before the scheduled start of the official weigh-in period

Photography or filming is not permitted in the weigh-in area. This includes the use of mobile phones.